

2024 . JUNE

MON	TUE	WED	THU	FRI	SAT	SUN
24	25	26 <u>Evening yoga flow @The Wild Box 7.45pm</u>	27	28 <u>Sunrise Yoga on the Downs 7am</u> <u>Evening Sunset Yoga Flow The Bristol Downs 7.30pm</u>	29	30 <u>Yin & Restore with Clifton Yoga Club at Subud Hall 7.30pm</u>

2024 . JULY

MON	TUE	WED	THU	FRI	SAT	SUN
1 <u>Online Yoga for Skaters</u> <u>6.30pm</u>	2	3 <u>Evening_yoga flow @The Wild Box 7.45pm</u>	4	5 <u>Sunrise Yoga on the Downs</u> <u>7am</u>	6	7 <u>Yin & Restore @ Subud Hall</u> <u>7.30pm</u>
8 <u>Online Yoga for Skaters</u> <u>6.30pm</u>	9 <u>Evening_yoga flow @ The Wild Box 7.45pm</u>	10	11	12	13	14
15 <u>Online Yoga for Skaters</u> <u>6.30pm</u>	16 <u>Evening_yoga flow @ The Wild Box 7.45pm</u>	17	18	19 <u>Sunrise Yoga on the Downs</u> <u>7am</u>	20	21 <u>Yin & Restore @ Subud Hall</u> <u>7.30pm</u>
22 <u>Online Yoga for Skaters</u> <u>6.30pm</u>	23	24 <u>Evening_yoga flow @The Wild Box 7.45pm</u>	25	26	27	28
29 <u>Online Yoga for Skaters</u> <u>6.30pm</u>	30	31 <u>Evening_yoga flow @The Wild Box 7.45pm</u>				

2024 . AUGUST

MON	TUE	WED	THU	FRI	SAT	SUN
			1	2	3	4 <u>Yin & Restore</u> <u>@ Subud Hall</u> <u>7.30pm</u>
5 <u>Online Yoga for</u> <u>Skaters</u> <u>6.30pm</u>	6	7 <u>Evening.yoga</u> <u>flow @The Wild</u> <u>Box 7.45pm</u>	8	9 <u>Sunrise Yoga on</u> <u>the Downs</u> <u>7am</u>	10	11
12 <u>Online Yoga for</u> <u>Skaters</u> <u>6.30pm</u>	13	14 <u>Evening.yoga</u> <u>flow @The Wild</u> <u>Box 7.45pm</u>	15	16 <u>Sunrise Yoga on</u> <u>the Downs</u> <u>7am</u>	17	18 <u>Yin & Restore</u> <u>@ Subud Hall</u> <u>7.30pm</u>
19 <u>Online Yoga for</u> <u>Skaters</u> <u>6.30pm</u>	20	21 <u>Evening.yoga</u> <u>flow @The Wild</u> <u>Box 7.45pm</u>	22	23	24	25
26 <u>Online Yoga for</u> <u>Skaters</u> <u>6.30pm</u>	27	28 <u>Evening.yoga</u> <u>flow @The Wild</u> <u>Box 7.45pm</u>	29	30 <u>Sunrise Yoga on</u> <u>the Downs</u> <u>7am</u>	31	